

the

HEED

Newsletter of the Durham Unitarian Universalist Fellowship

Upcoming Services 10 am on Sundays

- Oct 4: Personal Actions to Combat Climate Change**
Jennifer Messeder
- Oct 11: The First Americans**
Carmen Buford-Page
- Oct 18: Climate Action at the Tar Sands of Alberta**
Hilary Clark (Green Sanctuary Chair, Portsmouth UU)
- Oct 25: Green Home**
Betty Crepeau
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SPIRITURAL GROWTH GROUP

The Spiritual Growth Group will meet on Thursday, 15 October from 7-9 @ DUUF.

The assignment is to read and complete Chapter 7, Rearranging and Asking, in The Spiritual Alchemist, by Natalie Reid. This includes Exercise 7, pages 97-114. You will use the Guided Visualizations CD, Track #6 in the back insert of your book. We will just do this one exercise to allow those not here this past week to share and "catch up" with everyone.

The next meeting times set are: 15 October, 29 October, 19 November, 10 December all from 7-9 PM @ DUUF.

"To be beautiful means to be yourself. You don't need to be accepted by others. You need to accept yourself."

~ Thich Nhat Hanh

I ordered a book, Bridging the God Gap: Finding Common Ground Among Believers, Atheists and Agnostics, by Roger Christian Schriener as a possibility for the next resource. Please check it out online and read synopsis and reviews so I can have your input on the resource. When we begin the next resource, the group will be opening to new members.

Also, thank you to group members Dawn Meredith, Deb Johnson, Bob Sheehan and Ann Windsor (read by Bob Sheehan) for sharing their essays with the Fellowship at the service on 27 September.

- Joyce Sheehan



From the Treasurer

Fellowship Income in Round Numbers

This year's DUUF operating budget calls for income of approximately \$56,000. Roughly \$26,000 is expected from our tenants and other users of our facility. \$1,000 is expected from fundraisers and interest. We plan to borrow \$9,000 from two of our special purpose funds to replace our roof and help secure a new solar power installation. The balance, \$20,000, is expected from member donations. I encourage all members to contribute. We have 52 adult members in 33 families. We will meet this year's goal if donations to the Operating Fund average \$385 per member or \$606 per family. As in the past, some can and will give more, others will do their best, and I, your treasurer, will let you know from time to time where we stand. This is one such time.

As of this writing (September 25th) we are on track with all income sources except our members. We have received donations from only four of our 33 families, a total of \$1,080. We are three months into the fiscal year and need to pick up the pace. You know what to do.

Fellowship Financial Summaries

Fellowship members can find current status and interesting – to me at least – history of DUUF's financial situation in the form of a Balance Sheet and an Operating Fund Summary posted on the MEMBERS PAGE of our Web site: uudurham.com. Ask our Webmaster, Brett Gibson, for the password. I'll update this monthly so that committee chairs and interested members can see the latest. I've also posted information – now 10-years old – on the DUUF's Special Funds: Descriptions, Purposes, Goals and Guidelines. This is part of how, together, with mission in mind, we plan and prepare for the Fellowship's future. As such, it warrants our review, renewed discussion and, perhaps, revision.

Yours,

**John Macri, Treasurer
john.macri@unh.edu**

DUUF Website Gets a face lift

I have recently updated our website (www.uudurham.com)! If you have not visited in a while you might want to check out the calendar and upcoming events on the home page. I also have added some recent documents (see John Macri's article in HEED) and all electronic back issues of HEED to the members page. I distributed the password for the member's page in a recent email. Let me know if there are events you would like to add to the calendar or documents to the member's page.

Brett Gibson, Webmaster

BOARD MEETINGS

I would like to thank everyone who attended our September board meeting. We had many interesting discussions and updates from committee members and chairs.

There was a lot of positive energy and I feel that we are off to a solid start for this fellowship year. Our next meeting is scheduled for Monday, October 12 at 6:30 and all members are invited to attend. I look forward to seeing you there!

Thank you, Marjorie Wolfson



The Kinsey-Bullivant Family at the Water Ceremony Service

2015-2016 DUUF Officers & Committees:**Officers**

President	Marjorie Wolfson	Vice President	Joyce Sheehan
Treasurer	John Macri	Secretary	Rachel Legard

Committees

Program: Susan Bullivant (Chair), Larry Vogelmann, Joyce Sheehan, Betty Crepeau, Dottie Oliver, Tom Schram, Carmen Buford-Paige

Religious Exploration: Jen Pavlik (Co-Chair), Brad Kinsey (Co-Chair)

House and Grounds:

House: Sarge Legard

Grounds: Nick Isaak & Eric Nordgren

Rentals and Cleaning: Karen Smith (Rentals), Edna O'Sullivan (Cleaning)

Social Action: Dawn Meredith (Chair), Betty Crepeau

Socials: Cindy Schram (Chair), Deb Johnson (Co-Chair), Joyce Sheffield, Edna O'Sullivan, Bob Sheehan and Hilary Babon

Denominational Affairs: Michael O'Sullivan (Chair)

Membership:

Membership: Bob Pavlik (Chair)

Caring Subcommittee: Chris Rodgers, Michael O'Sullivan, Joyce Sheehan

Nominations: Jim Nute (Chair), Thomas Pistole

Music Committee: Carmen Buford-Paige (Chair), Thomas Pistole

Green Sanctuary: Mike Fleming (Chair), Brett Gibson, Michael O'Sullivan

Webmaster: Brett Gibson

HEED Editor: Stefanie Griffin



Moments for Young People with Dr. Rick Alleva

Our Mission Statement

The real test of our religion is the way we live our lives. The Durham Unitarian Universalist Fellowship affirms the seven principles of Unitarian Universalism:

We seek to be a place in which each person's unique worth and beliefs are acknowledged and respected and where each person's voice may be heard – a place in which each may freely explore his or her own spiritual path.

We join with others in reaching out to make the world more just, and commit ourselves to caring for the earth and all that makes up the web of life.

We strive to be a source of inspiration, a forum for intellectual exchange, a wellspring of comfort to those in need and a nurturing, supportive community for each other and our children.

Durham Unitarian Universalist Fellowship

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