

The HEED FEBRUARY, 2019

Newsletter of the Durham Unitarian Universalist Fellowship



Services at 10 AM Sundays

- | | |
|---------------|---|
| Feb 3 | Tara Holmes Ball
Suicide: stigma and support |
| Feb 10 | Carmen Buford-Paige
White privilege |
| Feb 17 | Rev. Maren Tirabassi
Changing the world by laughing and rolling together |
| Feb 24 | Julien and Jane Olivier
Fifty Years at the Strafford County Jail |

Board Meeting

The February Board Meeting will be on
Wednesday, February 13th at 6:30PM.

About Our February Speakers

Tara Holmes Ball is the Development Coordinator of Seacoast Family Promise. She is a graduate of Colorado State University with a degree in applied social sciences. She founded Connor's Climb, a foundation devoted to suicide prevention after her son's suicide in 2011. Her work is devoted to advocacy to prevent suicide through evidence-based education in New Hampshire. She has received numerous awards for her effort including the Red Cross Hero Award, The NH Super Champion Award, the Patriots Impact Award, and the Eric Cogswell Award.

Maren Tirabassi, the author of twenty books, most recently the anthology *A Child Laughs – Prayers of Justice and Hope* (with Maria Mankin, Pilgrim Press, 2017) is a writing teacher, new author mentor, and workshop facilitator with prison inmates, new English speakers, recovery groups, cancer patients, and churches, synagogues. After thirty-seven years, she's retired from parish ministry. She loves quilting, hiking, swimming, beagles and attending science fiction and fantasy conventions.

Jane and Julien have been volunteering at the Strafford County Dept. of Corrections (County Jail) for about 50 combined years. Their ministry has consisted in listening to people/offering guidance (usually inmates but occasionally also staff); leading in labyrinth meditation and liturgical prayer; and teaching (Scripture class). Jane is known for leading in song with her guitar. The local facility houses persons awaiting trial or sentencing, serving time for misdemeanors; occasional state of federal inmates; and ICE/immigration detainees. Julien has previously volunteered at the Hillsborough County House of Corrections (Manchester) and Maine correctional facilities (men; boys). Jane taught music for many years in local elementary schools. Julien holds a Doctor of Ministry degree and currently serves as Chaplain and Fellow in Hospice and Palliative Care at Wentworth-Douglass Hospital.

DOWNSTAIRS FELLOWSHIP COLLECTING FOOD

The elementary group of the downstairs fellowship is turning into Watchdogs for Justice. We recently read a story about a greedy king and dog that wouldn't stop barking until nobody in the kingdom was hungry. (<https://www.uua.org/re/tapestry/children/tales/session13/story-1>).

We know there are still people in our community who are hungry, so we're setting out a food collection box in the DUUF lobby. At the end of February, we'll bring it to the Cornucopia Food Pantry for distribution to people who need it. Please bring food to contribute, or we may start barking at you.

Parking Lot Reminder

In general, during Business Hours, the entire Fellowship parking lot is reserved for use by all of our paying tenants/ rentals. Having parking included is essential in attracting and keeping our office tenants. Income realized from these rentals pays more than half of our budget. When there is an occasional need for parking for a special event, please contact the House Manager or House Rental Coordinator. Currently these positions are held by Sarge Legard and Maria Isaak. Our tenants have volunteered to park or work elsewhere on these occasions with advance notice.

If you need to pop in briefly, that is not a problem. More than one vehicle, or extended parking time, leads our tenants to complain. Please consider utilizing town parking in the Tedeski lot, Pettibrook lot or on Madbury Road.

Thanks.

House Committee and DUUF Board



Candle table prepared by Mary Edes (& Steve) for the January 1 service

DUUF Socials for February 2019

Welcome to the last full month of Winter! We have several events planned this month to keep alive the warmth of our DUUF camaraderie.

It's time to celebrate DUUF members and friends who have WINTER birthdays (we're looking at you!). Join us on Sunday, February 10th to share birthday cake and hugs with those born in the winter months (we'll also hold our Second Sunday table tennis competition that day).

On Sunday, February 17th we'll be holding a potluck after Rev. Maren Tirabassi's program. Please bring a dish to share and stories to tell.

Our Winter Circle Dinners will take place on Saturday, February 23rd. Our apologies to those who can't attend because of school vacation plans—we hope you will join us next time. For all those who are able to join us, you can look forward to an evening filled with lively conversation, laughter and tasty food to chase away the winter chill.

Hope you'll join us at many or all of these special events! Deb, for the Socials Committee (Edna O'Sullivan, Amy Randlov and Bob Sheehan)

I'm planning to start a Group Study of the book, Living with Kindness, The Buddha's Teaching on Metta by Sangharakshita. We should start the beginning to middle of March to avoid having to deal with bad weather. If you have an interest in being a part of this group, please email me at Joycesh@msn.com. (I will look into purchasing books, soon.)

-Joyce Sheehan

President's Message

I hope everyone has been able to keep warm during this extremely cold weather this past week. I would like to thank Rev. Mary Edes for our first service of the New Year, Endings and Beginnings. The Yankee Swap on Sunday, the 27th was a lot of fun. I want to thank everyone who stayed and participated.

We are looking forward to our February Programs. The Socials Committee is planning a Pot Luck on February 17th as well as a Circle Dinner on the 23rd.

A reminder that the next Oyster River Folk Concert is scheduled for March 9th at 7:00PM.

Hope to see you all, soon, stay warm!

Bob Sheehan

THE OYSTER RIVER FOLK SERIES PRESENTS:



**HARVEY REID
&
JOYCE ANDERSEN
IN CONCERT**

**MARCH 9, 2019
7 PM**

...One of the most potent duo teams in acoustic music, they jump from showstopping jigs and fiddle tunes to house-shaking blues rockers, soaring gospel duets, and achingly beautiful ballads. Reid's legendary acoustic and slide guitar work, autoharp, banjo and mandolins mesh with Andersen's powerful fiddling, and they take turns on lead and harmony vocals to showcase a large and varied repertoire of original, traditional and contemporary Americana music. They will perform separately and together.

DURHAM UNITARIAN UNIVERSALIST FELLOWSHIP

20 MADBURY RD., DURHAM, NH

TICKETS \$15 / \$5 STUDENTS

DOORS OPEN AT 6:30 PM

2018-2019 DUUF Officers & Committees

Officers

President: Bob Sheehan

Vice President: Dottie Oliver

Treasurer: John Macri

Secretary: Rachel Legard

Committees

Program: Thomas Pistole (Chair); Susan Bullivant, Carmen Buford-Paige, Julia Kinsey

Religious Exploration: Bob Pavlik (Chair) Brad Kinsey

House and Grounds: House: Sarge Legard (Chair); Grounds: Eric Nordgren;

Rentals and Cleaning: Maria Isaak (Rentals); Edna O'Sullivan (Cleaning)

Socials: Deb Johnson (Chair); Edna O'Sullivan, Amy Randlov, Bob Sheehan

Membership: Brooke Baldwin (Chair); Caring Subcommittee: Chris Rodgers, Betty Crepeau,
Michael O' Sullivan, Bob Sheehan, Joyce Sheehan

Councils

Nominations: Michael O'Sullivan (Coordinator), Joyce Sheehan

Green Sanctuary: Mike Fleming (Coordinator), Jake Kritzer

Social Action: Dawn Meredith (Coordinator); Betty Crepeau

Music: Carmen Buford-Paige (Coordinator); Thomas Pistole; Maria Isaak

Communication & Outreach: Brett Gibson (Webmaster); Stefanie Griffin (HEED Editor)

Denominational Affairs: Joyce Sheehan (Coordinator)



Our Mission Statement

The real test of our religion is the way we live our lives. The Durham Unitarian Universalist Fellowship affirms the seven principles of Unitarian Universalism:

We seek to be a place in which each person's unique worth and beliefs are acknowledged and respected and where each person's voice may be heard – a place in which each may freely explore his or her own spiritual path.

We join with others in reaching out to make the world more just, and commit ourselves to caring for the earth and all that makes up the web of life.

We strive to be a source of inspiration, a forum for intellectual exchange, a wellspring of comfort to those in need and a nurturing, supportive community for each other and our children.

Durham Unitarian Universalist Fellowship

HEED is published by the Unitarian Universalist Fellowship of Durham, New Hampshire

20 Madbury Road Road • Durham, New Hampshire 03824 • www.uudurham.com