

the **HEED**

Newsletter of the Durham Unitarian Universalist Fellowship



Festival time

Bob Pavlik, Green Sanctuary Committee

This year marked the return of the DUUF's potential September tradition: the Late of Summer Harvest Festival. Held on the town-wide yard sale day (this year Sept. 6), the event hopes to draw attention to the Fellowship from the many people prowling the streets looking for bargains, but it also serves several other functions for the Fellowship.

As this is an offshoot of our Green Sanctuary

application, the Late Summer Harvest Festival offers home-grown produce and preserves made from locally grown fruits, berries and vegetables. This year we also joined in the spirit of the day and offered yard sale items donated by Fellowship members.

As part of our vision statement of a few years back, we resolved to become more active in the Durham and UNH communities. Last year we

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Upcoming services:

Oct. 5 – Hold on to What You Believe

Speaker, Raelene Shippee-Rice

Oct. 12 – Report from General Assembly

Speakers, Carmen Buford-Paige and Tom Pistole

For a complete list of upcoming programs, see calendar on page 5

For news on the next great DUUF festival, the Holiday Fair, see page 3

Caring Matters

*Compiled by Chris Rodgers,
Membership Committee*

Larry V. recently had his rotator cuff operated on, and full recovery will take several months. We need to keep in close contact with him and Dottie until they are able to rejoin us on Sunday mornings.

Rachel announced that **Ibby** was moving to the Nursing Care unit at Riverwoods. Despite her deteriorating condition she remains cheerful and grateful for family around her. Please contact Rachel if you are able to pay her a little visit.

Don't forget to let your Care Committee know of any other issues or needs amongst our membership. Thank you.

A note on coats and clutter

The DUUF coat closet area was cleaned out this past summer. All the clutter was removed.

With only four weeks of services since then, there is a significant accumulation of lost- and-found clothing items.

Please check to see if you have any items that you may have left in the closet area. Be forewarned that the closet area will be cleaned again within the next few weeks.

Program notes

Oct. 19 – The Rev. Erika Hewitt "Who Do They Say I Am?"

Think you know who Jesus is? The image of Jesus has shape-shifted for a millennium; in fact, the crucifix image wasn't used until the 10th century. This multi-media sermon illustrates how visual images of Jesus have evolved — including Unitarian and Universalist understandings of Jesus. What does it mean to portray Jesus as laughing, African-American, a clown, a "homeboy"? Come to this service, and you'll never see Jesus the same way again.

The Rev. Erika Hewitt is a worship consultant/coach and very busy wedding officiant in addition to serving as the half-time minister of the Midcoast UU Fellowship in Damariscotta, Maine. Her new book, *The Shared Pulpit*, is a small-group guide for laypeople to write their own sermons.

Oct. 26 – Carmen Buford-Page "White Like Me," Introduction to White Privilege.

This program will feature a reassessment of the American ideal of meritocracy with help from a video by Tim Wise.

Our Mission Statement

The real test of our religion is the way we live our lives. The Durham Unitarian Universalist Fellowship affirms the seven principles of Unitarian Universalism. We seek to be a place in which each person's unique worth and beliefs are acknowledged and respected and where each person's voice may be heard – a place in which each may freely explore his or her own spiritual path. We join with others in reaching out to make the world more just, and commit ourselves to caring for the earth and all that makes up the web of life. We strive to be a source of inspiration, a forum for intellectual exchange, a wellspring of comfort to those in need and a nurturing, supportive community for each other and our children.



Durham Unitarian Universalist Fellowship

HEED is published by the Unitarian Universalist Fellowship of Durham, New Hampshire

30 Madbury Road Road • Durham, New Hampshire 03824 • www.uudurham.com

Summer sale success

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were able to link up with the UNH Organic Gardening Club, which sold their produce alongside of ours.

As part of our closing words for every service, "service is our prayer," the festival raises money for Seacoast Family Promise and for the DUUF solar panel fund.

Lastly, a few years ago when the membership was polled about what they liked the most about the DUUF, many people responded they enjoyed collaborative efforts like the holiday fair. This festival was seen as another opportunity for that kind of experience. Plus, it seems that Rod and Betty have an endless supply of tomatoes and other good garden stuff that we can put to good use.

This year's festival brought in \$100 more than the inaugural event. That means SFP and the solar panel fund will each receive \$175.

Many thanks to everyone who donated produce and sundries for sale and also to those who helped out on Festival day, including Joyce Sheffield, Larry Vogelmann, Cindy Schram, Brad Kinsey, Susan Bullivant, Sarge and Rachel Legard, and Jen Pavlik. Special thanks to the Palmer family of Durham for the use of their sun tent and to Gary Hochgraf and the Kinsey-Bullivant family for helping out with cider pressing on the evening before the event.

Soon the season for soup, swags and sales

Kim Nute, fair committee chair

What is happening at the DUUF on Saturday, Dec. 6, 2014, from 9 a.m.-2 p.m.?

You've got it right - the Annual Holiday Fair.

And the Fair needs your help! Can you start thinking about items you can donate? And will you consider donating the most valuable resource you have - your time and talent?

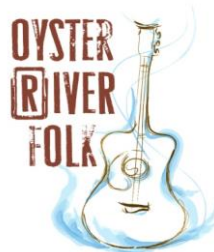
Both experienced swag-makers as well as newbies are highly encouraged to join in the fun on Thursday morning, Dec. 4, 2014, continuing a longstanding Fellowship tradition.

Many more details to come. For information talk to the 2014 Fair Committee Members: Joyce Sheffield, Dottie Oliver, , Raelene Shippee-Rice, Edna O'Sullivan, Chris Rogers, Frank Rogers (treasurer), Kim Nute (chair).

OYSTER RIVER FOLK SHOWS BACK-TO-BACK IN OCTOBER

October brings the third and fourth installments of this year's Oyster River Folk. First off Mark Vandeville and Raienne Richards visit the Milne Sanctuary. The Massachusetts-based multi-instrumentalists will play and sing old country and Americana songs. On the following Saturday, Spanish acoustic duo Blanca and Chuchi bring their first American tour to the Milne Sanctuary.

*Mark Vandeville
and Raienne Richards*
Sat, Oct. 7, 7 p.m.
**Tickets available at the door,
kids under 12 FREE!**



Blanca and Chuchi
Sat, Oct. 11, 7 p.m.
**Tickets available at the door,
kids under 12 FREE!**

Reading News

Monthly Reading Group Update

Janice Roberts, reading leader

Dawn, Carmen, Jan, Steve, Eric and Michael had a delightful discussion of the September DUUF read, Garth Stein's *The Art of Racing in the Rain*. Our next meeting will be on the last Monday of November, which turns out to be the Monday of Thanksgiving week, Nov. 24.

We talked about reading Paul Rasor's *Reclaiming Prophetic Witness: Liberal Religion in the Public Square*, which is the 2014-15 UUA Common Read selection. The book can be purchased from the UUA Bookstore for \$15 in paperback (five to nine copies receive a 10-percent discount). It is also available at Amazon's Kindle store and Google Play store.

Study group proposed

Joyce Sheehan, question asker

A month ago a friend of mine recommended reading *Falling Upward: A Spirituality for the Two Halves of Life* by Richard Rohr. I bought the book, as well as the companion journal and began reading only to realize it would be much better approached with a group study format.

A brief synopsis reads: "In *Falling Upward*, the author Fr. Richard Rohr seeks to help readers understand the tasks of the two halves of life and to show them that those who have fallen, failed or 'gone down' are the only ones who understand 'up.' Most of us tend to think of the second half of life as largely about getting old, dealing with health issues and letting go of life, but the whole thesis of this book is exactly the opposite. What looks like falling down can largely be experienced as 'falling upward.' In fact, it is not a loss but somehow actually a gain, as we have all seen with elders who come into their fullness."

I have started the book, but would rather wait and have others join me. So, I am inviting those of you who would like to continue "asking questions." It would be good, I think, to do a chapter per week to get the full benefit, and there are 13 chapters and plenty to discuss.

We could do six or seven weeks, then take a little break and finish it out. I do not mind getting started and then we can share leadership. We can do a Tuesday or Thursday morning or a Thursday evening – whatever works for whoever is interested.

Contact me at Joycesh@msn.com if you are interested.

Editor's note: Joyce is new to the Fellowship this year. She has been attending Sunday services regularly with her husband Bob.

October DUUF Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 OR Folk -- <i>Mark Vandeville and Raianne Richards</i> 7 p.m.
5 Service 10 a.m.: Hold on to What You Believe – <i>Raelene Shippee-Rice</i>	6	7	8	9	10	11 OR Folk – <i>Blanca and Chuchi</i> 7 p.m.
12 Service 10 a.m.: Report from General Assembly – <i>Carmen Buford-Paige and Tom Pistole</i>	13	14	15	16	17	18
19 Service 10 a.m.: Who Do They Say I Am? – <i>The Rev. Erika Hewitt</i> * <u>No</u> potluck to follow	20 Board Meeting 7 p.m.	21	<div data-bbox="901 1283 1560 1698" style="border: 1px solid black; padding: 5px;"> <p>November Dates to Remember</p> <p>Nov. 1 – OR Folk: Sarah Jane Scouten</p> <p>Nov. 2 – Sunday program: Non-violent Communication, speaker Gina Genest</p> <p>Nov. 8 – Circle Dinner</p> <p>Nov. 15 – OR Folk: Cillian Vallely and Kevin Crawford of Lunasa</p> <p>Nov. 24 – DUUF Book Group</p> </div>			
26 Service 10 a.m.: White Like Me – <i>Carmen Buford-Paige</i>	27	28				

